

PHYSICAL EDUCATION NEWSLETTER – AUTUMN TERM 2024

04.10.24

Dear Parent/ Guardian/ Carer,

There will be one weekly session of PE for Nursery and two sessions for children from Reception to Year 6. To enable them to take part safely in lessons, your child will need to **WEAR their PE kit to school on the days they have PE. On PE days please DO NOT wear any form of jewellery.**

PE kit:

Footwear	<ul style="list-style-type: none">• Trainers or daps• Socks (to avoid footwear 'rubbing')
Bottoms	<ul style="list-style-type: none">• Black or grey shorts (of a suitable length)• Black or grey jogging bottoms
Top	<ul style="list-style-type: none">• School jade green t-shirt• School navy jumper or cardigan <p>YEAR 6 ONLY JADE GREEN HOODY (HOODY ONLY TO BE WORN ON PE DAYS – SCHOOL JUMPER OR CARDIGAN TO BE WORN EVERY OTHER DAY)</p>
Other	<ul style="list-style-type: none">• NO JEWELLERY• Long hair tied back• Asthma pumps (if required)

Children will be barefooted when participating in gymnastics and creative dance. This is in line with Local Authority policy.

Children will sanitise their hands before entering and leaving the halls.

PE DAYS

Monday	Tuesday	Wednesday	Thursday	Friday
Nursery Mrs Keefe Miss Hall Mrs Morgan Mr Pugh	Miss Cornick & Mrs Daniel Mrs Davies & Mrs Webb Miss Morris Mr Young	Robins Owls Mrs Wright Miss Hall Miss Morris	Miss Lewis Mrs Keefe Mrs Morgan Mr Pugh	Miss Lewis Mrs Wright Mrs Davies & Mrs Webb Mr Young

Asthma is a serious medical condition. Children who require emergency asthma medication [usually blue] must have pumps in school every day. They need to be clearly labelled with their name and must be in date. It is parents' responsibility to check that medication is in date and ensure a medical form has been completed. You can get these from Mrs. White or Miss Hughes in the Main Office.

If your child no longer needs a pump the asthma clinic or GP needs to provide a letter to remove your child from the asthma register kept in school.

Please note that leading up to Christmas some PE sessions will be used for music and drama. However, please still send your children in kit on their PE days.

Thank you for your co-operation, as always
Mr James Young
(Physical Literacy Lead)